

BREAKFAST

FRESH-SQUEEZED JUICE

sweet valencia orange	4.50
carrot, apple & ginger snap	5.50
mango, orange & pineapple nectar	5.95
cherry chia cooler	5.95
dr. defense gala apple, cinnamon, pepper	5.95
power greens kale, romaine, celery, pineapple, mint	5.95
blue boost pure blueberry juice, white grape, basil	6.50

COFFEE BAR

espresso	1.85
cappuccino	3.85
latte / chai latte	3.85
malted freddo	3.85
black cat nitro	4.25
honey & cinnamon latte	4.35
bulletproof coffee	8.95

TEN-GRAIN OATMEAL

sun-dried sour cherries, dark brown sugar, toasted almonds - 5.95

BROWN RICE PORRIDGE

bartlett pear, pistachio & hazelnuts, brown butter cider - 6.95

VANILLA GREEK YOGURT

homemade granola or seasonal berries - 6.95

PEPPER & EGG WHITE SANDWICH

shishito, jalepeño, pepperjack, organic kale & spinach - 7.95

BRAISED POT ROAST & EGG SANDWICH

aged white cheddar, jalapeño relish - 8.50

SPICY CHICKEN TINGA

guajillo chili, sunny eggs, avocado, corn tortilla - 9.95

SHAKSHOUKA

spicy tomato sauce, poached eggs, kale, feta, warm naan - 9.95

EGGS YOUR WAY

golden hash browns, whole grain toast,
choice of brown sugar bacon or our chicken sausage - 10.95
sub roasted salmon - add 3.50

A WONDERFUL EGG WHITE OMELET

white cheddar, baby spinach, avocado & tomato salsa, organic turkey bacon - 12.95

QUINOA CAKES W/ POACHED EGGS

tomato-basil sauce, poached egg mayo, window herbs - 12.95

LIGHT & FLUFFY LEMON PANCAKES

blackberries, lemon syrup - 11.95

HOUSE-MADE BELGIAN STYLE WAFFLE

strawberries, vanilla syrup, sweet cream - 11.95

STEAK CHIMICHURRI & EGGS

grilled shishito peppers, eggs your way, golden hash browns - 15.95

SIDES AND SNACKS

brown sugar bacon	4.95	organic turkey bacon	4.95	our chicken sausage	4.95
sliced tomato & avocado	4.95	seasonal melon & berries	4.95	pumpkin & avocado toast	5.95