



Greek Islands is proud to import it's own extra virgin olive oil, wine, cheeses, seafood, olives, herbs and spices directly from Greece. We only use healthy, natural and fresh ingredients in our cooking.

# APPETIZERS

Considered the most important course in Greek dining as they "Awaken the appetite"

## COLD

### GREEK ISLANDS COLD PLATE

A wonderful assortment of octopus, calamari, shrimp cold spreads, olives, peppers and cheese ..... 9.95

### COLD SPREAD SAMPLER

Try our three most popular cold spreads:  
Taramosalata, Melitzanosalata, and Tirokafteri ..... 7.95

### TARAMOSALATA

Considered Greek caviar, this is a blend of cod roe with potatoes, onions, and olive oil ..... 4.95 / 6.95

### MELITZANOSALATA (GF)

Freshly roasted eggplant is blended with garlic, potatoes, and olive oil ..... 4.95/ 6.95

### TZATSIKI (GF)

A creamy yogurt-cucumber-garlic spread flavored with lemon and pepper ..... 4.95/ 6.95

### SKORDALIA

Smooth garlic-potato spread, blended with our own imported extra virgin olive oil ..... 4.50 / 5.95

### TIROKAFTERI

Feta cheese blended with spicy peppers ..... 4.95 / 6.95

### FAVA (GF)

Traditional Greek spread from chick peas. .... 3.95 / 5.50

### KEFALOTIRI (GF)

A traditional favorite, hard, aged, cheese. .... 6.50

### FETA CHEESE (GF)

Imported feta cheese, topped with our own imported extra virgin olive oil ..... 4.75 / 6.50  
Add olives ..... 5.25 / 6.95

### BEETS IN OLIVE OIL (GF)

Crisp beet slices marinated with garlic in an olive oil vinaigrette. .... 4.75/ 6.95

### COLD LIMA BEANS (GF)

Greek gigantes from Prespes region, marinated in oil, chopped celery, carrot, red and green pepper . . 4.95 / 6.95

### SWEET PEPPERS (GF)

Roasted red peppers marinated with olive oil, garlic, and fresh herbs ..... 5.50 / 7.50

### COLD OCTOPUS SALAD (GF)

Tender octopus, fresh artichokes, celery, carrots, in a light olive oil marinade. .... 10.95

### COLD CALAMARI & SHRIMP (GF)

Served in a light olive oil marinade ..... 9.50

### PEPPERCHINOS AND OLIVES (GF) . . . . 3.50

### OLIVES (GF) ..... 3.50

### ANCHOVIES (GF) ..... 3.50

(GF) = GLUTEN FREE \* PITA IS NOT GLUTEN FREE

## HOT

### FLAMING SAGANAKI CHEESE

The finest imported Greek cheese is flambéd tableside ..... 6.50

### NEW BEKRI MEZE

Pork tenderloin sauteed with red wine, onions, peppers, tomato, with extra virgin olive oil ..... 8.50

### SEAFOOD CROQUETTES

Served with a creamy horseradish dipping sauce ... 6.95

### GRILLED OCTOPUS (GF)

Our wonderful, tender octopus is charbroiled to perfection. .... 9.95

### MEDITERRANEAN BABY OCTOPUS (GF)

Small, tender mediterranean baby octopus is served in the traditional Greek Island way. .... 9.95

### NEW HOMEMADE SAUSAGE (LOUKANIKO) (GF)

Broiled sausage ..... 6.25

### PAN FRIED CALAMARI

Tender squid is lightly fried and served with our zesty homemade cocktail sauce. .... 8.95

### SHRIMP TOURKOLIMANO (5)

Shrimp baked in a tomato-garlic sauce and a blanket of crumbled feta cheese. .... 8.75

### HOMEMADE GYROS APPETIZER

Our famous beef and lamb slices, with pita bread ... 7.50

### MINI PORK KEBOBS (GF)

Five skewers served with pita. .... 8.95

### FRIED ZUCCHINI

Thin slices of zucchini are lightly fried & served with our garlic sauce (skordalia). .... 5.25 / 7.25

### FRIED EGGPLANT

A traditional favorite of fried eggplant smothered in a tangy tomato cheese sauce. .... 5.25 / 7.25

### KEFTEDAKIA (4)

Tender meatballs are served in our tangy tomato sauce ..... 5.95

### NEW KONTOSOUVLI (GF)

Pork on the spit, served with onions, \*pita and horseradish yogurt sauce ..... 7.50

### SPINACH CHEESE PIE

Layers of crisp filo dough filled with spinach, feta cheese and fresh herbs ..... 6.50

### DOLMADES (3)

Grape leaves stuffed with ground meat & rice, topped with an egg-lemon sauce ..... 5.95

### HOT LIMA BEANS (GF)

Greek gigantes from Prespes region, baked in a tomato herb sauce ..... 4.75 / 6.95

### WHOLE WHEAT PITA BREAD ..... 0.65

### PITA BREAD ..... 0.45

# SOUPS

Made from scratch every day using only the finest ingredients, see below for today's choices

\* Avgolemono served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Revithosoupa	Fakyes	Fasolada Kotosoupa	Fakyes Kotosoupa	Fasolada Psarosoupa	Kotosoupa	Psarosoupa

**AVGOLEMONO\***  
Homemade chicken broth, rice, and egg-lemon make a creamy and hearty soup  
**CUP: 2.65      BOWL: 3.85**

**REVITHOSOUPA (GF)**  
Chick pea soup  
**CUP: 2.65      BOWL: 3.85**

**FASOLADA (GF)**  
Navy bean soup flavored with tomato and garlic  
**CUP: 2.65      BOWL: 3.85**

**FAKYES (GF)**  
Lentil and tomato soup. Add vinegar or olive oil for a traditional twist  
**CUP: 2.65      BOWL: 3.85**

**PSAROSOUPA (GF)**  
Special seafood gumbo is made with red snapper and grouper chunks  
**CUP: 3.65      BOWL: 4.95**

**KOTOSOUPA (GF)**  
Our hearty chicken vegetable soup  
**CUP: 3.45      BOWL: 4.75**

# SALADS

Prepared with fresh vine tomatoes, extra virgin olive oil & imported cheese

**ATHENIAN ~ TRADITIONAL GREEK SALAD** ..... 5.50  
With lettuce, fresh vine tomatoes, Greek olives and feta cheese. .... platters for 2 or more 4.50 p.p.

**LARGE ATHENIAN SALAD PLATTER** ( with any other salad add 1.00 )  
With beef tenderloin shishkabob 5-6 oz (GF) ..... 14.95  
With grilled chicken breast filet 7oz (GF) ..... 11.95  
With chicken shishkabob 5-6 oz (GF) ..... 11.95  
With shrimp shishkabob 6 pcs (GF) ..... 13.95  
With pork shishkabob 5-6 oz (GF) ..... 11.95  
With salmon filet 5-6 oz. (GF) ..... 13.95  
With kontosouvli (GF) ..... 11.95  
With grilled octopus (GF) ..... 13.95  
With gyros ..... 11.95

**PASCHALINI SALATA (GF)** ..... 5.75  
Finely Chopped Romaine, dill, and scallions. .... platters for 2 or more 4.75 p.p.

**HORIATIKI ~ VILLAGE SALAD (GF)** ..... 5.75  
Vine tomatoes, onions, cheese, cucumbers, Greek olives and peppers. .... platters for 2 or more 4.75 p.p.

**TAXAS SALAD ~ CHEF'S SPECIAL SALAD (GF)** ..... 5.95  
Chopped iceberg lettuce, tomatoes, crumbled feta cheese and our house dressing. .... platters for 2 or more 4.95 p.p.

**DOMATOSALATA ~ TOMATO SALAD (GF)** ..... 5.75  
Vine tomatoes, onions, feta cheese and olives are in this traditional salad. .... platters for 2 or more 4.75 p.p.

**LAHANOSALATA ~ CABBAGE SALAD (GF)**  
Finely chopped cabbage with carrots, and celery in garlic vinaigrette. .... 4.50

**HORTA ~ BOILED GREENS (GF)**  
Blanched fresh dandelion greens served with lemons and our own olive oil ..... 4.75 / 6.50

**GREEK POTATO SALAD (GF)**  
Potato chunks flavored with onions, extra virgin olive oil, and garlic. .... 3.25 / 4.25

(GF) = GLUTEN FREE



# FAMILY STYLE DINNER

ENJOY SOME OF OUR FAVORITES! (FOR TWO OR MORE)

## APPETIZERS

*Saganaki*

*Home Made Gyros*

*Choice of : Taramosalata, Melitzanosalata, Scordalia*

## SALAD

*Athenian salad*

## ENTREES

*(Choose any Four)*

*Sliced Roast Leg of Lamb, Pastichio, Mousaka, Vegetarian Mousaka, Dolmades*

*Chicken Riganati, Spanakotiropita (Spinach Pie)*

*Keftedes (meatballs), Kontosouvli (Pork on the spit)*

*Chicken souvlaki, Pork souvlaki*

## SIDE DISH

*Rice pilaf and potato*

*or baked vegetables (Briami)*

## DESSERT & COFFEE

*Baklava, Galaktoburiko,*

*Karidopita*

22.95 Per Person

# CREATE A COMBO

*Choose two or more of the following 1/2 orders to make your own combo, served with potato.*

### VEGETARIAN MOUSAKA

*Baked eggplant casserole . . . . . 6.95*

### MOUSAKA

*Baked eggplant and ground meat casserole . . . . . 6.95*

### DOLMADES

*Tender stuffed grape leaves . . . . . 6.95*

### GYROS

*Homemade beef and lamb slices . . . . . 6.75*

### HOMEMADE SAUSAGE (LOUKANIKO) (GF)

*Broiled sausage . . . . . 6.75*

### ROAST LEG OF LAMB (GF)

*Slices of lean lamb . . . . . 8.95*

### ROAST LOIN OF LAMB (GF)

*Baked loin of lamb . . . . . 9.25*

**NEW**

### KONTOSOUVLI (GF)

*Pork on the spit, served with onions and horseradish yogurt sauce . . . . . 6.95*

### PASTICHIO

*Baked pasta casserole . . . . . 6.95*

### KEFTEDES

*Beef and lamb meatballs . . . . . 6.75*

### SPINACH CHEESE PIE

*Filo stuffed with spinach and feta . . . . . 6.75*

### CHICKEN RIGANATI (DARK) (GF)

*Tender baked chicken . . . . . 6.75*

### CHICKEN RIGANATI (WHITE) (GF)

*Tender baked chicken . . . . . 7.25*

### STUFFED TOMATOES

*When available . . . . . 6.95*

### STUFFED PEPPERS

*When available . . . . . 6.75*

### BEEF STIFADO

*When available . . . . . 8.25*

(GF) = GLUTEN FREE



# TRADITIONAL FAVORITES

## HOMEMADE GYROS

Slices of ground beef and lamb, seasoned with herbs and spices. Served with pita bread ..... 13.95

**NEW**

## KONTOSOUVLI (GF)

Pork on the spit served with onions, \*pita bread and a horseradish yogurt sauce ..... 14.95

## CHICKEN RIGANATI (GF)

Chicken is baked with our extra virgin olive oil, herbs, and spices. **CHICKEN: 1/4 1/2**  
 10.95 12.95

Served with \*rice & potatoes or briami ..... (white) 11.50 13.95

## MEDITERRANEAN CHICKEN BREAST (GF)

Tender boneless, skinless chicken breast is baked in extra virgin olive oil, garlic, herbs served with \*rice ..... 13.95

**NEW**

## BEKRI MEZE

Pork tenderloin sauteed with red wine, onions, tomato, extra virgin olive oil. Served with \*rice & potatoes or briami ..... 14.95

**NEW**

## SPARTAN CHICKEN (GF)

Five pieces of dark meat chicken, baked Spatran style, extra virgin olive oil, lemon, oregano, served with \*rice ..... 12.95

## COMBINATION PLATE

Roast leg of lamb, mousaka, dolmades, meatball, vegetables & potatoes ..... 16.95

## VEGETARIAN MOUSAKA

Baked eggplant, zucchini and potato casserole topped with béchamel sauce ..... 12.95

## MOUSAKA

Traditional recipe of baked eggplant, ground meat and potato casserole topped with béchamel sauce ..... 13.95

## PASTICHIO

Baked pasta, ground meat and cheese casserole topped with béchamel sauce ..... 12.95

## DOLMADES

Tender grape leaves stuffed with rice, ground meat and herbs served with an egglemon sauce ..... 12.95

## VEGETARIAN PLATE (GF)

An assortment of vegetable dishes ..... 10.95

## GRILLED VEGETARIAN SHISHKABOB (GF)

Fresh vegetables of the day (two skewers) ..... 10.95

## SPANAKOTIROPITA

Layers of spinach and feta cheese baked in flaky filo dough ..... 12.95

## ROAST LEG OF LAMB (GF)

Colorado sliced lamb flavored with our au jus sauce. Served with \*rice & potatoes or briami ..... 18.95

## ROAST LOIN OF LAMB (GF)

Colorado loin lamb flavored with our au jus sauce. Served with \*rice & potatoes or briami ..... 19.95

## KOKKINISTO

Colorado Lamb braised in our special tomato sauce. Served with rice & potatoes or briami ..... 17.95

## ARNI FOURNOU

Colorado baked lamb served with oven-browned potatoes ..... 17.95

## ARNI AGINARATO

Colorado Lamb with fresh artichokes hearts served in our egg-lemon sauce ..... 18.95

## ARNI WITH SPINACH RICE

Colorado braised lamb served over our spinach rice ..... 17.95

## GARIDES

Baked shrimp, feta and tomato sauce served over rice ..... 16.95

## KEFTEDES

Beef and lamb meatballs stewed in our special tomato sauce. Served with rice & potatoes or briami ..... 12.95

## SPAGHETTI

Grecian-style pasta and cheese flavored with garlic and butter ..... 10.95

## SPAGHETTI WITH CHICKEN BREAST

Sliced Chicken breast sauteed in our tomato-vegetable sauce served over Greek pasta ..... 13.95

## RICE AND YOGURT (GF)

Our thick and rich homemade yogurt served over rice ..... 9.95

(GF) = GLUTEN FREE \*SAUCE ON THE RICE OR PITA BREAD IS NOT GLUTEN FREE

SIDE DISHES MAY BE SUBSTITUTED WITH FASOLAKIA  
 OR HOT LIMA BEANS FOR AN ADDITIONAL 1.25

# SEAFOOD

Fresher Greek seafood is only 5,463 miles away!

NEW

## FRESH WHOLE FISH (GF)

We bring only the freshest fish, rich in flavors from the Islands of Greece and around the world! Among our daily offerings are Mediterranean Sea bass, Mediterranean Lavraki, Fagri (pink porgy) or American Red Snapper, (when available). . . . . market price

NEW

## BROILED MAHI-MAHI SHISHKABOB (GF)

Fresh, tender mahi chunks are first marinated and then broiled to perfection (when available) . . . . . 17.95  
Served with \*rice & potatoes or briami

## BROILED SWORDFISH SHISHKABOB (GF)

Fresh, tender swordfish chunks are first marinated and then broiled to perfection (when available). . . . . 18.95  
Served with \*rice & potatoes or briami

## FRESH BROILED NORWEGIAN SALMON (GF)

A Flavorful filet delicately cooked and served with lemon-olive oil sauce. . . . . 16.95  
Served with steamed vegetables

## FRIED ORANGE ROUGHY

We fry the best New Zealand filet and serve it with tartar sauce or seared garlic. . . . . 17.95  
Served with \*rice & potatoes or briami

## BROILED ORANGE ROUGHY (GF)

We only use the finest New Zealand orange roughy. Served with \*rice & potatoes or briami . . . . . 17.95

## LAKE SUPERIOR WHITE FISH TAIL (GF)

A flaky filet of the finest white fish is served with a lemon-olive oil sauce . . . . . 16.95  
Served with \*rice & potatoes or briami

## BROILED SEAFOOD SHISHKABOB (GF)

Shrimp, salmon and catch of the day seafood chunks are combined to make a seafood delight . . . . . 17.95  
Served with \*rice & potatoes or briami

## SHRIMP TOURKOLIMANO

Shrimp, crumbled feta & tomato sauce baked in a sizzle plate served with rice & potatoes or briami . . . . . 17.95

## SHRIMP SHISHKABOB (GF)

Broiled shrimp skewered,seasoned with herbs, extra virgin olive oil .Served with \*rice & potatoes or briami . . . . . 16.95

## COLD OCTOPUS SALAD (GF)

Tender octopus, fresh artichokes, celery, carrots, in a light olive oil marinade. Served with \*rice & potatoes or briami . . . . . 17.95

## BROILED OCTOPUS (GF)

Tender octopus in a Greek marinade served with \*rice & potatoes or briami . . . . . 16.95

## MEDITERRANEAN BABY OCTOPUS (GF)

Small, tender mediterranean baby octopus is served with \*rice & potatoes or briami . . . . . 16.95

## CALAMARI

Tender fried squid served with our zesty cocktail sauce served with rice & potatoes or briami . . . . . 13.95

## BAKALAO

Fried Icelandic codfish served crispy with our homemade garlic spread (skordalia). Served with rice & potatoes or briami . . . . 13.95

## PAN FRIED SMELTS

Crispy fried smelts sprinkled with oregano. Served with rice & potatoes or briami . . . . . 13.95

## GRILLED CALAMARI (GF)

Tender squid in our special sauce served with \*rice & potatoes or briami . . . . . 14.95

## COLD CALAMARI AND SHRIMP SALAD (GF)

This seafood combo is marinated in olive oil and vinegar with chopped carrots, celery, red and green bell peppers . . . . . 15.95

(GF) = GLUTEN FREE \*SAUCE ON THE RICE OR PITA BREAD IS NOT GLUTEN FREE

SIDE DISHES MAY BE SUBSTITUTED WITH FASOLAKIA  
OR HOT LIMA BEANS FOR AN ADDITIONAL 1.25

-Make a complete dinner out of any entree for an additional 7.95.

This includes soup, salad, dessert, and coffee.

Greek coffee and some desserts are an additional .75¢ each.

Please note: Sharing of entrees is an additional 4.50 per person.



# FROM OUR BROILER

The best cuts of meat and succulent marinades make our broiled foods delicious

## CHICKEN

### CHICKEN SHISHKABOB (GF)

Two skewers of marinated chicken breast . . . . . 13.95

### GRILLED SKINLESS CHICKEN BREAST (GF)

Marinated in olive oil, herbs, and spices . . . . . 13.50

### 1/2 BROILED SPRING CHICKEN (GF)

Please allow 35-45 minutes! For all white meat  
please add an additional 2.00. . . . . 13.50

## BEEF

### BEEF TENDERLOIN SHISHKABOB (GF)

Two skewers of beef tenderloin chunks are marinated and  
grilled to perfection. . . . . 19.95

### NEW YORK SIRLOIN STEAK (GF)

Choice 12 oz. sirloin cooked to order . . . . . 22.95

**COMBINATION BEEF TENDERLOIN AND CHICKEN SHISHKABOB (GF) . . . (1 each) 16.95**

**COMBINATION PORK AND CHICKEN SHISHKABOB (GF) . . . . .(1 each) 14.95**

## LAMB

### LAMB CHOPS (GF)

We bring you the finest Colorado lamb, period!  
Each chop is a tender and juicy 6 oz..each..... (1 pc.) 19.95  
(2 pc.) 35.95

### COLORADO RACK OF LAMB (GF) . . . . . 48.95

### BUTTERFLIED LAMB CHOPS (GF)

Char-broiled Colorado lamb chops . . . . . (6 pc.) 26.95

### LAMB RIBLETS (GF)

Char-grilled Colorado lamb riblets. . . . . 13.95

## PORK

### CENTER CUT PORK CHOPS (GF)

Two juicy chops grilled to perfection (14-16oz). . . . . 14.95

### SOUVLAKI (GF)

Two skewers of pork tenderloin shishkabob . . . . . 14.95

### NEW HOMEMADE SAUSAGE (GF)

Broiled sausage . . . . . 12.95

ALL BROILER DISHES ARE SERVED WITH \*RICE & POTATO  
OR WITH MIXED VEGETABLES (BRIAMI) SUBSTITUTE WITH  
FASOLAKIA OR HOT LIMA BEANS FOR AN ADDITIONAL 1.25

# SIDES

## FRESH ARTICHOKE

Served in our homemade egg-lemon sauce . . . . . Market Price

### SPANACORIZO (GF)

Spinach and rice sauteed in tomato sauce . . . . . 3.95 / 5.95

### BRIAMI (GF)

Baked mixed vegetables in olive oil . . . . . 3.95 / 5.95

### FASOLAKIA (GF)

Baked String beans in tomato sauce . . . . . 3.95 / 5.95

### BAMIES (GF)

Baked okra in a light tomato sauce . . . . . 3.95 / 5.95

### POTATOES (GF)

Baked in olive oil , lemon, oregano . . . . . 2.50 / 4.95

### RICE PILAFI

Rice served with tomato sauce. . . . . 2.50 / 4.95

### SMALL SPAGETTI

In our homemade tomato sauce . . . . . 4.95

(GF) = GLUTEN FREE \*SAUCE ON THE RICE OR PITA BREAD IS NOT GLUTEN FREE

-The Illinois Department of Public Health advises that eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone, but especially to the elderly, young children under age 4, pregnant women and other highly susceptible individuals with compromised immune systems. Thorough cooking of such animal foods reduces the risk of illness.

IF YOUR MEAL IS NOT PREPARED TO YOUR  
LIKING, PLEASE LET US KNOW AFTER TWO BITES  
AND WE WILL GLADLY REPLACE IT!